“Sometimes it’s hard to know the impact we have on young people, especially when they are experiencing sometimes unseen trauma. But even when it’s challenging, I remind myself that every interaction has the potential to impact a kid’s life for the better. And it’s up to all of us to help provide the support they need to begin to heal, because our kids deserve it.”

- Gloria, SMSV Baltimore City Health Department

Whether a service provider, educator, youth worker, or medical professional, our work with youth has the potential to transform lives and communities. The pain our youth hold often goes far beyond what we might see or what they feel ready to share.

What can we do to create safe environments to help young people embrace hope and healing?

As professionals, we can all step back and ask ourselves:

- Can we help build systems to address the unique needs of youth in our work each day?
- Can we work with other youth-serving professionals to increase our collective impact?

Learn how you can start to answer to these questions and more at: